

Ten important questions when considering a major career step

If your current job doesn't fit you anymore and you are considering a major career step, a thorough self-analysis can reveal what type of job will make you happy. It will help you to get a better view of your work and life goals, the type of work you love to do and excel in, the organisational culture that connects with your values and the environment you will flourish in.

These questions can guide you in your self-analysis:

1. How was I as a kid, how did I grow up?
2. What do I stand for in life today?
3. Do I really aspire a new job, or do I run away from problems that I will face in another environment as well?
4. What are my strong assets (strengths, skills, talents)? When do they flourish?
5. What gives me energy?
6. Which fields or skills do I want to develop further?
7. What is my dream job (astronaut, musician, ...) and what does this say about me?
8. What I don't want anymore?
9. Which aspects should I take into account as well (from commuting to finance and cancellation period)?
10. What or who is holding me back?

More information?

Do you have questions about your personal development or career and do you want to learn more about how I can help you with that? Or do you experience burnout or other stress symptoms? Please contact me to plan an introductory meeting.

I'm looking forward to meeting you!